



Ocular Prosthetic Designs

Prosthetic Eye Care Instructions

Most ocularists agree that the less you handle your eye, the less irritation and discharge you will experience. It is important to follow the instructions provided by your ocularist with regard to cleaning your eye and always use the suction device provided to remove your eye when necessary.

Daily Care and Cleaning

For a *custom ocular prosthesis* it is generally not recommended to remove the ocular prosthesis regularly, as removing the prosthesis too often can cause the socket to become irritated. There are instances that removing the eye is necessary though.

For a *custom scleral cover shell*, removal is required every evening before going to sleep. If this instruction differs for you, your ocularist will recommend the best daily care for you.

- For cleaning your ocular prosthesis, use baby shampoo and water only, no brushes or anything abrasive. **Rinse thoroughly.** Then use a drop or two of a recommended lubricant on the prosthesis to reinsert into the eye socket.
- It is important to keep your eyelids clear of any dried mucous or deposits. Use a lubricant or wetting solution at least twice daily to assist in comfort and general cosmetics of the artificial eye. Also, you can routinely use a warm compress over the eye for 30 seconds followed by a cool compress for 30 seconds. When wiping the eye, always wipe towards the nose.

Things to Avoid:

- Do not touch the tip of an eye drop dispenser to the eye lashes or other surfaces when using to prevent contamination.
- Do not share eye drops or make-up.
- Do not use old eye drops or make-up, or eye drops with red restrictors.

Reminder:

It is recommended that you see your ocularist every 6 months for a routine polish and check-up. At this time, your prosthetic eye will be polished to eliminate any build up that may have accumulated on the eye as well as any surface scratches. It is also a good time to discuss how the eye is fitting and any other concerns you may have.