



# Ocular Prosthetic Designs

## Removal & Insertion Instructions

### **Tips for Handling Your Prosthesis**

- Always ensure the sink drain is closed before removing your prosthesis.
- Place a towel on the countertop for protection of the ocular prosthesis.
- Do not use brushes, abrasives, or chemicals on the prosthesis.

### **Removal**

Gently lift your upper lid to expose the iris of the eye. Squeeze the stem of the suction cup provided by your ocularist and firmly press the cup to the iris of the prosthesis. It is sometimes helpful to wet the suction cup end to assist in attachment to the prosthesis. Once you have full contact of the suction cup, release your squeeze on the stem without losing contact with the surface of the eye. Next, release your upper lid and gently pull down your lower lid to expose the rim of the artificial eye. Using the suction cup, gently tilt the eye up so you lift the lower edge of the prosthesis over the lower eyelid and out, away from the socket until the prosthesis is completely removed.

### **Insertion**

Wash your hands thoroughly first. Make sure the eye socket is clean and free of any foreign matter. Then use the suction cup provided by your ocularist, squeezing the stem of the suction cup and apply a firm pressure over the iris portion of the prosthesis to get full contact. Then release your squeeze of the stem. Identify the top and bottom of the prosthesis to orient it correctly and gently lift your upper eyelid to expose your socket to insert the prosthesis. Slip the top portion of the artificial eye under the upper lid, moving in and upward until contact is made. Release the upper eyelid and gently pull down the lower lid out of the way. Now continue to push the prosthesis back into place. Once you have the artificial eye in place, release the lower lid and squeeze the stem of the suction cup to release the suction cup from the prosthesis. You may find you need a few drops of lubricant for comfort.